

Sui Shin Ryu no Kata (水心流の型)

1. Omote (表)

- Hiki Noto (引納刀)

2. Yaegaki (八重垣)

- Migi-Gyaku Noto (右逆納刀)

3. Uke-Nagashi (受け流し)

- Hasami Noto (挟み納刀)

4. Kaishaku (介錯)

- Migi-Gyaku Noto (右逆納刀)

5. Kiri-Age (切上)

- Yoko-Biki Noto (横引納刀)

6. Tobi-Komi (飛込み)

- Hidari-Gyaku Noto (左逆納刀)

7. Tsuka-Ate (柄当)

- Kote-Gaeshi Noto (小手返し納刀)

8. Shiho-Hai (四方拝)

- Gyaku-Kote-Gaeshi Noto (逆小手返し納刀)